



Three healing factors at high alpine elevations:

- **Heat** (37–41.5 °C)
 - **Humidity** (70–100%)
 - **Naturally elevated radon level** (44 kBq/m³ in the air of the gallery)
- « **Live pain-free, naturally** »

« UNIQUE WORLDWIDE »

due to a combination of elevated radon, heat & humidity.

Our goal is to activate your body's won natural self-healing powers. Pain reduction, exercise, lifestyle, education and medical expertise are the five pillars upon which our holistic therapy approach is built, while the focal point of Healing Gallery therapy is a combination of mild hyperthermia and radon therapy.

« CONDITIONS FOR WHICH THE TREATMENT IS PARTICULARLY BENEFICIAL »

(Prof. Dr. Ritter, 2008)

- **Diseases affecting the locomotor apparatus:** Ankylosing spondylitis and other spondylarthroses, Rheumatoid Arthritis (chronic polyarthritis), Arthroses (including polyarthrosis of the fingers), Chronic gout, Psoriatic Arthritis, Spinovertebral syndrome, Fibromyalgia, Osteoporosis pain, Neuralgias, Polyneuropathia, Sports injuries, Sarcoidosis
- **Respiratory Illnesses:** Chronic bronchitis, Bronchial asthma, Chronic sinusitis, Chronic obstructive pulmonary disease (COPD), Hay fever
- **Skin Conditions:** Psoriasis (vulgaris), Neurodermatitis, Slow-healing wounds, Scleroderma
- **Prevention:** Prophylaxis and Immune stabilization

« Contraindications »

Pregnancy, untreated hyperthyroidism, severe claustrophobia, cancer conditions within one year of concluding therapy, children under age 7. We recommend that patients with severe cardiovascular and renal conditions consult their physician.

Two kilometers deep inside the mountain, you will discover a unique therapeutic climate. A small train will carry you to one of five therapy stations. There, you can enjoy the warmth and humidity, and allow the healing radon to work its wonders.



« Due to my ailments, I was often unable even to dress myself. I took cortisone for years. Neither doctors nor alternative therapies brought me any relief. But now I have been coming to the Gasteiner Healing Gallery for 11 years, and I am almost pain-free for about ¾ of the year. Afterwards, I feel it's time for the Gallery again. Beforehand, I couldn't even think of sports. Now I can play tennis, table tennis and football again. »

Gerhard Lambeck, age 42, Solms, Germany

Diagnosis: ankylosing spondylitis, rheumatism of the joints

« Scientifically proven »

- **Pain relief for up to 9 months**
- **Reduction in need for medications for up to 1 year**
- **Stabilization of the immune system**
- **Reduction in inflammation**

INFORMATION & INTRODUCTORY OFFERS



« **LIVE PAIN-FREE, NATURALLY** »
UNIQUE WORLDWIDE



« OFFERS AT THE GASTEIN HEALING GALLERY »

« THERAPY SESSIONS »

The heart of Healing Gallery Therapy are the therapy sessions within the gallery itself. Depending on your symptoms, therapy lasting from 2–4 weeks is recommended for best medical results, with 3–4 gallery sessions possible per week.

« INTRODUCTORY OFFERS »

- Introductory Session
- « Give it a try » Day

Further information may be found on the page to the right.

« PHYSICAL THERAPIES »

We offer you an extensive range of therapies with experienced physiotherapists and masseurs. Request our Therapy Folder (only in German available).

« OPENING TIMES »

11 January until 18 November 2016, daily except Sunday, Easter and Whit Mondays, 1 May, 15 August, 26 October, 1 November.

Gastein Healing Gallery Therapy is recognized by Austrian and German health-insurance carriers. Further information can be found in our full brochure or on our homepage.

Our team are always available to assist with questions you might have. Specific questions for our team of doctors? Set up an appointment for a free consultation.
Toll-free international calls: 00 800 6006 7878
Phone number: +43 (0)6434 3753-0
E-Mail: info@gasteiner-heilstollen.com
www.gasteiner-heilstollen.com



« INTRODUCTORY SESSION »

Wish to experience this unique therapeutic climate first-hand? If so, we look forward to welcoming you for an introductory session.

12 January until 17 November 2016

Every Tuesday and Thursday* afternoon

- Meets: 2:30 p.m. at the Gastein Healing Gallery
- Brief medical check-up
- Informational film about Healing Gallery therapy
- Ride into the Healing Gallery incl. 30-minute stay in the therapy area
- Drink after the session
- Concludes: ca. 5 p.m.
- Incl. discounted ticket for 3 additional therapy sessions

Free Service: Take advantage of the opportunity for a free medical consultation.

€ 25.90 with Gastein Card

€ 30.90 without Gastein Card



RESERVATIONS ARE REQUIRED FOR BOTH OFFERS!

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« GIVE IT A TRY » DAY

Your path to naturally pain-free living leads you into the depths of the Tauern mountains. Experience a day of therapy in the Gastein Healing Gallery.

11 January until 18 November 2016

Monday to Friday

- Medical check-up
- 1 therapy session in the Healing Gallery incl. medical supervision, 60-minute stay in the therapy area
- After the session: 30-minute rest period in our relaxation rooms
- 1 massage lasting 25 minutes
- 1 drink
- 1 small surprise gift

€ 69.90

Offer valid for one-time introductory therapy only.

« NECESSITIES »

For your gallery session, you will require a swimsuit, spa robe, slippers and a small towel. All of these items can also be borrowed for a fee at the wardrobe of the Gastein Healing Gallery.

« PLENTY OF FLUIDS »

Up to 30 minutes before entering the Gallery, drink about ½ litre of fluids, preferably fruit juice or water.

* If Thursday happens to be a public holiday, the introductory session will take place on Friday.

Discounted admission only possible upon presentation of the Gastein Card at the ticket window.