

PRICES 2016

Opening Times: January 11 until November 18, 2016, daily except Sunday, Easter- and Whit Monday, May 1, August 15, October 26, November 1

Heilstollen therapy requires a medical prescription from an on-staff Heilstollen doctor, or from a spa physician in Gastein valley.

THERAPY SESSIONS IN THE HEALING GALLERY ARE AT THE HEART OF THE HEILSTOLLEN TREATMENT.

Depending on the symptomatology of the ailment, physicians recommend a treatment program lasting between 2 and 4 weeks. Three to four sessions in the healing gallery are possible each week. Patients must keep in mind that after one to two sessions in the galleries, they must take a break for one day before re-entering. The time required for the first session in the healing gallery, including the initial medical examination and rest, is approximately 4 hours, while the subsequent sessions will take approx. 3 hours.



PRICES OF THERAPY SESSIONS INCLUDE:

- Initial medical examination and prescription, and, depending on length of stay, additional consultations during and at the conclusion of treatment
- Treatment plan
- Medical supervision during therapy sessions
- Towels to lie on during your stay in the treatment area
- Resting time of 30 minutes in our relaxation rooms after the session

In the event that your medical examination is carried out by a Gastein spa physician and not at our health center, we do grant a discount on the therapy prices.

THERAPY SESSIONS	INDIV. PRICE	TOTAL
1 st session	66.40	
2 nd session	66.40	132.80
3 rd session	66.40	199.20
4 th session	66.40	265.60
5 th session	64.50	330.10
6 th session	64.50	394.60
7 th session	63.30	457.90
8 th session	63.30	521.20
9 th session	59.90	581.10
10 th session	46.40	627.50
11 th session	46.40	673.90
12 th session	46.40	720.30
Each additional session	46.40	

OFF-SEASON DISCOUNT

valid from 4.4. to 30.4.2016 and 24.10. to 18.11.2016

8 sessions	487.10 instead 521.20
10 sessions	578.80 instead 627.50
12 sessions	672.80 instead 720.30



PHYSICAL TREATMENTS

Individual treatments

Physiotherapy	25 min.	39.90
Physiotherapy + electrotherapy	50 min.	49.90
Individual treatment incl. ultrasound	25 min.	44.60
Osteopathic Treatment		
Initial treatment	50 min.	77.90
Each additional treatment	25 min.	46.90
Craniosacral therapy		
Initial treatment	50 min.	77.90
Each additional treatment	25 min.	46.90
Breathing exercises	25 min.	39.90
Therapeutic climbing	25 min.	39.90
Myofascial release therapy	25 min.	39.90

Group treatments

Physiotherapy	25 min.	11.40
Positioning therapy	25 min.	11.40
Progressive muscle relaxation according to Jacobson	50 min.	22.80
Therapeutic Nordic walking (incl. rental poles)		
Introduction	90 min.	31.70
Refresher/additional sessions	60 min.	22.80

Electrotherapeutic applications

Electrotherapy	25 min.	21.30
Area laser therapy	25 min.	25.90

Other treatments

Medical training therapy (MTT), equipment training		
Introduction and instruction	25 min.	39.90
1 session	30 min.	5.70
5 sessions	30 min.	22.60
10 sessions	30 min.	45.50
Therapeutic rapeseed treatment		
Introduction and instruction	15 min.	13.40
Rapeseed exercises	30 min.	6.60

MASSAGES

Full or partial therapeutic massage	25 min.	26.40
Full therapeutic massage	50 min.	49.90
Partial therapeutic massage	15 min.	21.40
Lymph drainage	25 min.	35.60
	50 min.	62.90
Connective tissue massage	20 min.	26.40
Foot reflexology massage	20 min.	26.40
Acupoint massage	25 min.	29.90

Breuss massage	25 min.	35.60
Physiotherapeutic breathing-percussion massage incl. Vibrax	25 min.	39.90

TCM TREATMENTS

Tuina full massage with acupuncture and low-dose-laser-therapy		
Initial treatment incl. medical consult	95 min.	125.00
Each additional treatment	80 min.	118.00
Chi gong (individual treatment)	25 min.	25.70
Acupuncture		
Initial treatment incl. medical consult	45 min.	57.40
Each additional treatment	30 min.	36.80

TREATMENT REPORTS

Short medical report	12.90
Medical report	from 25.00

PATIENT INSTRUCTION

Ankylosing spondylitis	6 x 90 min.	209.00
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BATHING EQUIPMENT RENTAL

Bathrobe	1 x 4.50	10 x 30.70
Bathrobe towel	1 x 5.00	10 x 36.90
Bathrobe towel spa shoes	1 x 5.50	10 x 40.10

Please reserve your appointments well in advance whenever possible.

ADDITIONAL PHYSICIAN-SUPERVISED PAIN THERAPIES & CONSULTATIONS

- Infiltration • Whealing • Laser therapy • Aslan therapy
- Psychological pain management • Nutrition counseling
- Kinesio taping

LABORATORY TESTING AND FUNCTIONAL DIAGNOSTICS

In our in-house laboratory and in cooperation with a major external lab, we are able to conduct a full range of testing.

Treatments in combination with gallery packages are discounted as much as 10%!

INTRODUCTORY OFFERS

INTRODUCTORY SESSION

Wish to experience this unique therapeutic climate first-hand? If so, we look forward to welcoming you for an introductory session.

January 12 until November 17, 2016

Every Tuesday and Thursday* afternoon

- Meets: 2:30 p.m. at the Gastein Healing Gallery
- Brief medical check-up
- Informational film about the healing gallery therapy
- Ride into the healing gallery incl. 30-minute stay in the therapy area
- Drink after the session
- Concludes: ca. 5 p.m.
- Incl. discounted ticket for 3 additional therapy sessions

FREE SERVICE

Take advantage of the opportunity for a free medical consultation.

* If Thursday happens to be a public holiday, the introductory session will take place on Friday. Discounted admission only possible upon presentation of the Gastein Card at the register.



RESERVATIONS ARE REQUIRED!

+43 (0)6434 3753-0

termine@gasteiner-heilstollen.com

€ 25.90 with Gastein Card

€ 30.90 without Gastein Card



« GIVE IT A TRY » DAY

Your path to naturally pain-free living leads you into the depths of the Tauern mountains. Experience a day of therapy in the Gastein Healing Gallery.

January 11 until November 18, 2016

Monday to Friday

- Medical check-up
- 1 therapy session in the healing gallery incl. medical supervision, 60-minute stay in the therapy area
- After the session: 30-minute rest period in our relaxation rooms
- 1 massage lasting 25 minutes
- 1 drink
- 1 small surprise gift



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€ 69.90

Offer valid for one-time introductory therapy only.

NECESSITIES

For your gallery session, you will require a swimsuit, spa robe, slippers and a small towel. All of these items can also be borrowed for a fee at the wardrobe of the Gastein Healing Gallery.

PLENTY OF FLUIDS

Up to 30 minutes before entering the gallery, drink about ½ litre of fluids, preferably fruit juice or water.

